



# May 2019



Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			<b>1 9:30 – 10:30</b> Book Club <b>12:00 – 12:30</b> Drum Circle <b>1:00 – 2:00</b> Pet Therapy <b>2:00 – 2:30</b> Interactive Music	<b>2 9:30 – 10:30</b> Sittercise <b>10:30 – 11:00</b> (Castanets or Sombbrero Crafts) <b>12:30 – 1:30</b> Spa Activities <b>1:30 – 2:30</b> Yoga Class	<b>3 Field Trip Friday!</b> <b>AM: Burger King</b> <b>PM: Burger King</b> <b>BRING \$\$\$</b>	4
5	<b>6 9:30 – 11:00 &amp; 12:30-2:00</b> BINGO <b>10:00 – 11:00</b> Science Class (Fireworks in a Jar) <b>2:00 – 2:45</b> Rock & Roll Fitness	<b>7 9:30 – 11:00</b> Arts & Crafts (Mother's Day Flower Pots) <b>1:00 – 2:30</b> Cooking Class (Lunch Enchiladas)	<b>8 9:30 – 10:30</b> Book Club <b>10:00 – 11:00</b> Pet Therapy <b>12:00 – 12:30</b> Drum Circle <b>2:00 – 2:30</b> Interactive Music	<b>9 9:30 – 10:30</b> Sittercise <b>10:30 – 11:00</b> (Self Portrait Art Therapy) <b>12:30 – 1:30</b> Spa Activities <b>1:30 – 2:30</b> Yoga Class	<b>10 Field Trip Friday!</b>  <b>AM: Library</b> <b>PM: Library</b>	11
12	<b>13 9:30 – 11:00 &amp; 12:30-2:00</b> Group Games <b>10:00 – 11:00</b> (Egg Drop Challenge) <b>2:00 – 2:45</b> Rock & Roll Fitness	<b>14 9:30 – 11:00</b> Cooking Class (Berry Smoothies) <b>1:00 – 2:30</b> Arts & Crafts (Tie Die Flowers)	<b>15 9:30 – 10:30</b> Book Club <b>12:00 – 12:30</b> Drum Circle <b>1:00 – 2:00</b> Pet Therapy <b>2:00 – 2:30</b> Interactive Music	<b>16 9:30 – 10:30</b> Sittercise <b>10:30 – 11:00</b> (Rolling Egg Painting) <b>12:30 – 1:30</b> Spa Activities <b>1:30 – 2:30</b> Yoga Class	<b>17 CICC 5 Year Anniversary Celebration</b> 11am to 1pm	18
19	<b>20 9:30 – 11:00 &amp; 12:30-2:00</b> Group Games <b>10:00 – 11:00</b> (Firework Wristbands) <b>2:00 – 2:45</b> Rock & Roll Fitness	<b>21 9:30 – 11:00</b> Arts & Crafts (Egg Carton Flags) <b>1:00 – 2:30</b> Cooking Class (Hot Dogs)	<b>22 9:30 – 10:30</b> Book Club <b>10:00 – 11:00</b> Pet Therapy <b>12:00 – 12:30</b> Drum Circle <b>2:00 – 2:30</b> Interactive Music	<b>23 9:30 – 10:30</b> Sittercise <b>10:30 – 11:00</b> (Pictures for Patriots) <b>12:30 – 1:30</b> Spa Activities <b>1:30 – 2:30</b> Yoga Class	<b>24 Field Trip Friday!</b>  <b>AM: Library</b> <b>PM: Library</b>	25
26	<b>27 Center Closed for Memorial Day</b>	<b>28 9:30 – 11:00</b> Cooking Class (Cinnamon Roll Waffles) <b>1:00 – 2:30</b> Arts & Crafts (Rainbow Octopus)	<b>29 9:30 – 10:30</b> Book Club <b>12:00 – 12:30</b> Drum Circle <b>2:00 – 2:30</b> Interactive Music	<b>30 9:30 – 10:30</b> Sittercise <b>10:30 – 11:00</b> (Egg Carton Chicks) <b>12:30 – 1:30</b> Spa Activities <b>1:30 – 2:30</b> Yoga Class	<b>31 Field Trip Friday!</b> <b>AM: Feed the Ducks</b> <b>PM: Feed the Ducks</b>	



Happy Birthday to our members with May birthdays! Scott, Ali, Alfredo, Andy, Jessica, Ian, Delana, Martha